



ESA Trainees Committee and the ESA Trainee Network: Update 15

Dear colleagues,

Given the current context of the COVID-19 pandemic and the fact that many European Anaesthesiology Trainees are currently on the frontlines caring for these patients or will be in the near future, the ESA Trainees Committee (ESATC) team would like to send its support and solidarity. Junior doctors are a crucial part of the European medical workforce, but specially in this period have demonstrated exceptional skills and will, not only providing medical care, but also in the re-organization of their hospitals and services, particularly in the areas where Anaesthesiology is involved, like the operating rooms, emergency room and intensive care units. Despite this hectic period, we send you **ESATC Update 15**. This document is an update on the relevant information since January 2020. The ESA Trainees Committee (ESATC) pretends to send an update every 2 months.

1. Euroanaesthesia 2020 postponed

As you probably already know, due to the current situation, Euroanaesthesia has been postponed to **November 28-30th 2020**. Location will still be in Barcelona, Spain. In the meantime, we are continuing the preparation of the congress. The ESATC is currently developing the Euroanaesthesia 2020 Trainees' Programme and more news will be shared with you in the upcoming months (including the new deadline for the ESA Trainee Fellowship). Until then, make sure to follow the updates on the ESA website and ESATN social networks. We hope to see you all in Barcelona in November!

2. COVID19 and ESA Trainee Network resources

We have always stated that the ESA Trainee Network "aims to establish a link between all European Anaesthesiology Trainees, while putting a variety of ESA resources in their service" and we would like to present you some initiatives we think can be useful:

- ESA leadership is closely following the current situation and regularly producing specific contents, that you can access on ESA website (<u>https://www.esahq.org/coronavirus-covid-19/</u>) and on our Social Networks (<u>http://esatn.org/</u>);

- Since this a recent situation, it is important we keep up with the evolving scientific literature, and we will try to publish the more relevant articles on our Social Networks. It is difficult to analyze all the contents that are being published on a daily basis, so we ask you to help us and send any relevant document that can be useful to our colleagues;

- We would also like to invite you to join our Facebook group (<u>https://www.facebook.com/groups/586470534879064/</u>), where more informal discussions can take place regarding this subject. Please remember that the main advantages of the ESA Trainee Network are connection and dissemination of information;

- Share with us pictures of you and your colleagues working on the frontlines (keeping the group spirit and morale in these times is also important) and remember, you are not alone;

- Do you have a frontline story to tell? We are looking for residents that want to share their frontline stories for the next ESA COVID newsletter. We invite you, or one of your colleagues, to write a short story on your experiences. The story should be no more than 2 pages long. Please send your story to <u>council.trainee-netherlands@esahq.org</u>. **The deadline is May 15**th. If we receive more stories than we can publish in the newsletter, your story will be shared on the ESA Trainee Network social media channels!





3. Next NTR Online Meeting

Our next NTR was supposed to take place at Euroanaesthesia in Barcelona this year. Since Euroanaesthesia is postponed to November, we think it is wise to meet one more time online. You can expect an invitation for an online meeting in June soon.

As always, we are here to serve your interests, so your feedback is of utmost importance for us. If you have any points to address, do not hesitate to contact us and send us an e-mail or text message. For those of you that haven't yet done it, please join our official **"ESA NTR" WhatsApp group**, for more informal communication: https://chat.whatsapp.com/KIAhZ1zADT5EOXxIwIGjxb.

For now, keep u the good work, stay safe and healthy!

Kind regards,

Bernardo Matias - Chair of the ESA Trainees Committee Nadine van Veenendaal and Albert de Bettignies - ESA Trainees Committee/European and International Trainee Sections task force coordinators

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Domain for ESA Trainee Network Groups: esatn.org

